

TABLE IV  
DEFENSE AND EVALUATION STRATEGIES

Category	Papers
Red-Teaming Frameworks	<del>Arendt et al., MM-SafetyBench, In-Context Experience Red-Teaming</del>
Safety-Benchmarking	<del>MM-SafetyBench, How Many Unicorns Are in This Image?</del>
Proposed Defenses	<del>VLMGuard, Think Twice Prompting, Circuit-Breakers</del>

~~than unimodal models, are also more vulnerable due to the complex interactions between input modalities. Second, black-box access does not preclude powerful jailbreaks; in fact, some of the most successful attacks operate without any model internals, relying instead on learned patterns and iterative probing. Third, semantic and perceptual misalignment remains a critical weak point—models can be deceived by inputs that are harmless at the surface but malicious in meaning or effect.~~

~~A taxonomy of jailbreak attacks on multimodal LLMs thus spans:~~

- ~~• Prompt-based vs. Input-modality attacks~~
- ~~• Static vs. Environment-interactive threats~~
- ~~• Single-step vs. Iterative/refined attacks~~
- ~~• Manual vs. Tool-augmented generation~~

~~These categories will be essential for guiding future defense mechanisms and benchmarking efforts.~~

#### IV. POISONING AND BACKDOOR ATTACKS

Multimodal models, including Vision-Language Models (VLMs) and Multimodal Large Language Models (MLLMs), are vulnerable to data poisoning and backdoor attacks due to training on large, uncurated datasets. These attacks involve adversaries manipulating model behavior by injecting malicious data into training sets.

Early foundational work demonstrated that existing poisoning techniques could be adapted to multimodal contrastive models by injecting altered images with wrong labels or embedding backdoor patches with target labels, requiring attackers to have training dataset modification access [33]. Building upon this foundation, Yang et al. revealed vulnerabilities in both visual and linguistic modalities of multimodal encoders used in text-image retrieval tasks. Their work showed that adversaries could inject mismatched text-image pairs to force models to map specific text groups to target images while preserving normal functionality [34].

This understanding of multimodal encoder vulnerabilities led to the development of more sophisticated attacks like BadCLIP, which employs an advanced dual-embedding guided framework to create resilient backdoor attacks against MCL models. Using Bayesian analysis principles, this attack optimizes visual trigger patterns for textual embedding consistency and aligns poisoned features with target vision features, designed to induce subtle parameter variations that resist detection and fine-tuning defenses [35].

As research progressed toward more complex Vision-Language Models and MLLMs, attack strategies evolved to target their unique capabilities in generating free-form text and performing complex reasoning tasks. ImgTrojan exemplifies

this shift by performing cross-modality jailbreaks that replace original image captions with malicious jailbreak prompts during training, transforming even clean images into trojans that bypass safety barriers at inference time through learned associations between poisoned images and injected prompts [36]. Similarly, Dual-Key Multimodal Backdoors targets VQA models using triggers in both visual and textual modalities that activate only when simultaneously present, enhancing stealth by reducing accidental activation likelihood through optimized visual trigger patterns designed for effective processing by static pretrained feature extractors [37]. Shadowcast emerged as a stealthy poisoning attack using visually indistinguishable images paired with manipulated text, enabling both label attacks for misclassification and persuasion attacks for misleading narratives without requiring training control [38]. This was followed by TrojVLM, which specifically targets image-to-text generation by embedding pixel patterns that trigger insertion of predefined text while maintaining semantic coherence, with attackers modifying lightweight adaptors rather than full models [39].

Extending these concepts further, VL-Trojan demonstrated how backdoors could be embedded in autoregressive VLMs during instruction tuning by placing triggers in instructions or images while operating with limited access to visual encoder architecture only [40]. Building on this foundation, BadToken introduced novel token-level backdoor behaviors for enhanced flexibility and stealth in MLLMs, featuring token-substitution capabilities that replace specific source tokens with target tokens and token-addition mechanisms that append target token sequences to outputs, enabling subtle alteration of critical text portions with significant consequences in applications like autonomous driving or medical diagnosis [41].

The evolution toward more efficient and specialized attack methodologies led to the development of the BAGS score method, which enables efficient backdooring of VQA and AVSR models using gradient-based sample selection to minimize required data and computation while maintaining effectiveness [42]. This efficiency-focused approach was complemented by MABA, which enhances backdoor generalizability across visual and text domains using domain-agnostic triggers such as simple patches or text symbols, operating in black-box settings without knowledge of test data distribution [43].

The field has also witnessed the emergence of novel attack vectors that transcend traditional training-time manipulation. AnyDoor represents a paradigm shift as a test-time backdoor attack requiring no training data access, using universal adversarial perturbations on images combined with text triggers to allow dynamic modification of backdoor effects during testing [14]. This approach to runtime manipulation paved the way for BadVLMDriver, the first physical backdoor attack against autonomous driving VLMs, which uses common objects like red balloons as triggers to induce unsafe actions while employing generative models to synthesize backdoor training samples with embedded physical triggers [44].

#### V. PROMPT INJECTION ATTACKS

The emergence of multimodal large language models has introduced sophisticated attack vectors that exploit the inter-

section of visual and textual processing capabilities. These adversarial approaches fundamentally divide into two paradigms: perturbation-based methods that embed imperceptible modifications into inputs, and typography-based techniques that leverage visible textual elements to exploit models' inherent biases.

Bagdasaryan et al. [45] pioneered adversarial modifications to images or audio that embed malicious prompts, using techniques like the Fast Gradient Sign Method to create imperceptible perturbations that steer models toward attacker-specified outputs. Their approach enables both targeted-output attacks that force specific malicious responses and dialog poisoning attacks where injected instructions become embedded in conversation history, influencing all subsequent model behavior.

Building on similar principles, recent work [46] extends this by simultaneously targeting multiple processing stages within vision-language models. Rather than focusing solely on final outputs, this method employs multi-objective optimization to perturb visual tokens, textual representations, and generated text concurrently, enhancing cross-prompt transferability by shifting internal probability distributions across different contextual points.

While perturbation methods maintain input authenticity through imperceptible modifications, typography-based attacks accept visible alterations for more reliable exploitation of models' textual bias. The foundational approach [47] directly adds misleading text to input images, capitalizing on vision-language models' tendency to prioritize textual signals over visual content and generating outputs semantically aligned with injected typography rather than actual image content.

This concept has been advanced through work demonstrating that visual prompts embedded within images can receive higher execution priority than conventional text input instructions [48]. Sophisticated manipulation is achieved through careful control of textual elements' size, opacity, and spatial positioning while maintaining near-imperceptibility to human observers, effectively bridging overt typographic manipulation with subtle adversarial perturbations.

The most sophisticated evolution harnesses vision-language models' reasoning capabilities to optimize their own exploitation [47]. Qraitem et al. dynamically generate the most effective deceptive content through class-based variants that leverage models' visual similarity assessments to identify optimal misleading labels, and reasoned attacks that employ advanced language models to generate both deceptive classifications and accompanying rationales that enhance attack credibility.

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